

2021 RECOMMENDATION UPDATE SUMMARY

Well-Woman Preventive Visits

JANUARY 2022

WHAT DOES THE WPSI RECOMMEND?

For all adolescent and adult women:

At least one **preventive care visit** per year

WHAT SERVICES ARE INCLUDED IN A WELL-WOMAN PREVENTIVE VISIT?

Well-woman preventive services may include, but are not limited to, the assessment of physical and psychosocial function; primary and secondary prevention and screening; risk factor assessments, immunizations; counseling; education; prepregnancy care; and many services necessary for prenatal, postpartum, and interpregnancy care.

WHAT'S NEW?

The WPSI clarified the frequency of visits the clinical recommendation, stating that services may be completed at a **single visit** or as part of a **series of visits** over time. Well-woman preventive visits also include **prepregnancy, prenatal, postpartum, and interpregnancy visits**.

WHAT SHOULD BE CONSIDERED WHEN IMPLEMENTING THIS RECOMMENDATION?

The primary purpose of well-woman visits is to deliver and coordinate recommended preventive services as determined by age and risk factors. The [Recommendations for Well-Woman Care – A Well-Woman Chart](#) provides a framework for incorporating preventive health services for women into clinical practice.

WHAT ARE OTHER RELEVANT RECOMMENDATIONS?

AAP/Bright Futures has issued guidelines and resources for health supervision of adolescents:

- [Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition](#)
- [Recommendations for Preventive Pediatric HealthCare \(Periodicity Schedule\)](#)

WHERE TO READ THE FULL RECOMMENDATION STATEMENT?

Visit the WPSI website to read the [full recommendation](#). This includes more details on implementation considerations, research recommendations, and the full evidence summary.

WHAT WPSI RESOURCES ARE AVAILABLE?

- [Well-Woman Chart](#)
- [Clinical Summary Tables](#)
- [Coding Guide](#)
- [Patient Education Materials](#)

ABBREVIATIONS:

WPSI = Women's Preventive Services Initiative

WPSI recommends and encourages access to and provision of respectful, gender-affirming, high-quality, and safe health care. Please see our [gender inclusivity statement](#) for more information.

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