WHAT DOES THE WPSI RECOMMEND?
For all adolescent and adult women:
At least one preventive care visit per year

WHAT SERVICES ARE INCLUDED IN A WELL-WOMAN PREVENTIVE VISIT?
Well-woman preventive services may include, but are not limited to, the assessment of physical and psychosocial function; primary and secondary prevention and screening; risk factor assessments, immunizations; counseling; education; prepregnancy care; and many services necessary for prenatal, postpartum, and interpregnancy care.

WHAT'S NEW?
The WPSI clarified the frequency of visits the clinical recommendation, stating that services may be completed at a single visit or as part of a series of visits over time. Well-woman preventive visits also include prepregnancy, prenatal, postpartum, and interpregnancy visits.

WHAT SHOULD BE CONSIDERED WHEN IMPLEMENTING THIS RECOMMENDATION?
The primary purpose of well-woman visits is to deliver and coordinate recommended preventive services as determined by age and risk factors. The Recommendations for Well-Woman Care – A Well-Woman Chart provides a framework for incorporating preventive health services for women into clinical practice.

WHAT ARE OTHER RELEVANT RECOMMENDATIONS?
AAP/Bright Futures has issued guidelines and resources for health supervision of adolescents:
- Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition
- Recommendations for Preventive Pediatric HealthCare (Periodicity Schedule)

WHERE TO READ THE FULL RECOMMENDATION STATEMENT?
Visit the WPSI website to read the full recommendation. This includes more details on implementation considerations, research recommendations, and the full evidence summary.

WHAT WPSI RESOURCES ARE AVAILABLE?
- Well-Woman Chart
- Clinical Summary Tables
- Coding Guide
- Patient Education Materials

ABBREVIATIONS:
WPSI = Women’s Preventive Services Initiative

WPSI recommends and encourages access to and provision of respectful, gender-affirming, high-quality, and safe health care. Please see our gender inclusivity statement for more information.